

PROGRAM CATALOGUE

2026-2027



Academia Stella Maris

Teaching the Salt of the Earth, the
Light of the World, Tomorrow's Hope



Academia
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Sail Against the Wind with Stella Maris



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1. You want your child to grow in wisdom, faith, and virtue.

As a parent, you long for an education that nurtures not just academic excellence, but the soul — forming your child as a whole person.



2. But most schools fall short.

You are frustrated with options that ignore your child's spiritual needs, use one-size-fits-all learning, or leave you sidelined as their primary educator.

3. That is where ASM comes in.

We partner with families like yours to provide a bilingual Catholic education that is deeply personal, flexible, and faithful to the mission of the Church.



4. You do not have to do this alone — here is how we help:

Choose the structure that fits your family: full-time or hybrid. Receive a customized learning plan that supports your child's unique gifts and challenges. Watch your child grow — spiritually, intellectually, and joyfully — with Christ at the center.



5. Come in for a tour. Grab a coffee. See the difference.

You deserve a partner in this sacred responsibility — and your child deserves a joyful, meaningful education. Come witness for yourself what God is doing.



6. Your child can become exactly who God created them to be.

Virtuous. Holy. Joyful. A lifelong seeker of truth — prepared not just for the world, but for Heaven.

Without formation rooted in truth, children risk being shaped more by the culture than by Christ.

Do not let your child's heart, mind, and soul be left unguarded.



Come see
what
God
is doing!





Meet Your Heroes

Six Journeys, **One Purpose...**

...Saints in the making



At ASM, we are different. We do not see children as numbers, or data points, or problems to manage.

Each child at ASM is a hero in the making. A hero with gifts. A hero with a calling. A hero with a mission and a story written on their heart by God Himself. A saint in the making! We see:

The Curious Seeker,
The Bright Flame,
The Compassionate Leader,
The Courageous Witness,
The Creative Builder,
The Quiet Strength,

They are not distractions.
They are our heroes.

At ASM, we believe each child is uniquely called, entrusted with a mission. Not one size fits all. Not standardized. Not manufactured. Entrusted.



Meet Your Heroes

Six Journeys, **One Purpose...**

...Saints in the making

The Curious Seeker



The Bright Flame



The Compassionate Leader



The Curious Seeker

This student treasures learning rooted in Christ and thrives in a community where faith is lived daily. Academic growth is enriched by friendships and a deepening relationship with God.

The Bright Flame

Gifted and inquisitive, this student flourishes when intellect is celebrated and stretched. Through enrichment and Reach Ahead opportunities, both mind and spirit are nurtured, guiding the student to become the fullest self that God intends.

The Compassionate Leader

Tender-hearted and easily overwhelmed by life's busyness, this student flourishes in a calm, supportive environment. With patience, encouragement, and care, resilience grows, and God-given gifts gently unfold.



Meet Your Heroes

Six Journeys, **One Purpose...**

... Saints in the making

The
Courageous
Witness



The Creative
Builder



The Quiet
Strength



The Courageous Witness

A joyful, hands-on learner who thrives in building, discovering, and problem-solving. While writing can be challenging, this student is determined to grow, supported by a nurturing education that honours curiosity and God-given potential.

The Creative Builder

Curious and imaginative, this student is captivated by the natural world. With a flexible, supportive path, learning is balanced with joy, discovery, and friendships that spark wonder at God's creation.

The Quiet Strength

Tender-hearted and easily overwhelmed by life's busyness, this student flourishes in a calm, supportive environment. With patience, encouragement, and care, resilience grows, and God-given gifts gently unfold.



Come see
what
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***Academia Stella Maris* offers two distinct hybrid programs to better serve our students' academic and faith-based learning needs:**


Foundations Program (Monday, Wednesday, Friday)


This part-time program provides students with a well-rounded, faith-centered education, focusing on core academic subjects and spiritual formation. Designed to complement a student's learning journey, this program nurtures both intellectual growth and personal development.

Courses Offered:

 ***English Language Foundations*** – Focusing on grammar, writing, and language structure to strengthen communication and literacy.

 ***Mathematics*** – Building a solid foundation in numeracy, problem-solving, and critical thinking.

 ***Fondations de la langue française*** – Enhancing French language proficiency through structured grammar and dictée (dictation exercises).

 ***Theology*** – Rooted in Catholic teachings, this aspect of the program includes stewardship and service, participation in Mass, and deepening understanding of the Catechism.

 ***Physical Education*** – Encouraging health, teamwork, and physical well-being through structured activities and sports.

This program is designed to complement homeschooling in a flexible, yet structured academic experience that **integrates Catholic values, strong academics, and character formation** in a supportive learning environment.



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Academia Stella Maris offers two distinct hybrid programs to better serve our students' academic and faith-based learning needs:


The Humanities Program (Tuesday, Thursday)


This part-time program offers students a dynamic, faith-centered educational experience that nurtures both academic growth and spiritual formation. Rooted in Catholic values, the program integrates project-based learning (PBLs), hands-on experiences, and meaningful community engagement.


Courses Offered:

 *Études Sociales* – Exploring history and geography from a Catholic worldview.

 *Les Sciences* – Investigating God's creation through hands-on science and inquiry-based learning.

 *French & English Language Studies* – Enhancing communication skills in both English and French through literature and spelling.

 *Fine Arts* – Cultivating creativity and expressing faith through all four art strands (Music, Visual Arts, Theatre, Dance).

 *Everyday Stewardship* – Encouraging students to live out their faith through service, responsibility, and care for others.

This program is designed to complement homeschooling, offering students an engaging, faith-filled learning environment that fosters **curiosity, leadership, and a deep connection to their Catholic identity.**



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Academia Stella Maris's full-time program combines the Foundations and Humanities programs to provide a comprehensive educational experience.

Full-Time Program (Monday-Friday)

Our full-time program offers students a comprehensive, faith-centered education, combining rigorous academics with critical thinking, investigation, and exploration. With a strong emphasis on community engagement, the program nurtures both intellectual and personal development, encouraging students to think critically and approach problems creatively. By participating in a diverse range of subjects, including artistic expression, students will be challenged to grow academically while deepening their Catholic faith and sense of service to others. This well-rounded, engaging experience equips students with the skills and knowledge to thrive both in and out of the classroom.

Courses Offered:

 *English Language Foundations*

 Études Sociales

 *Mathematics*

 Les Sciences

 *Fondements de la langue française*

 French & English Language Studies

 *Theology*

 Fine Arts

 *Physical Education*

 Everyday Stewardship



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What Does It Mean to Be an ASM Parent?

At Academia Stella Maris, we believe that parents are the primary educators of their children, and we are honored to partner with families in this sacred mission. Our school provides an innovative, faith-filled bilingual education that allows parents to remain actively involved in their child's formation. Whether your child is enrolled full-time or part-time, parents are called to support their child's learning by reinforcing school content at home, ensuring dedicated homework time, and fostering good study habits.

Choosing ASM means becoming part of a committed, faith-centered community where parents, students, and educators work together in partnership with God. Parents remain responsible for instilling values, teaching right from wrong, and nurturing their child's character. ASM provides the academic structure, specialized curriculum, and opportunities for social and intellectual growth, while parents continue to guide their child's development into a well-rounded, virtuous individual. We are more than a school—we are a community united in the mission of Catholic education.

**The Calling of an
ASM Parent:**



Educational Leadership

Embrace your role as the primary educator and foster a love of learning at home.



Academic Support

Commit to homework and reinforcement by ensuring your child completes assignments and reviews key concepts



Communication

Maintain open communication by engaging with teachers, attending meetings, and addressing concerns promptly.



Community Engagement

Build a strong school community through participation in events, volunteering, and actively supporting ASM's mission



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	Full-Time Program		Foundations Program		Humanities Program	
	ASM-Home	Parents Only	ASM-Home	Parents Only	ASM-Home	Parents Only
English grammar / writing	✓		✓			✓
English literature / spelling	✓			✓	✓	
Mathematics	✓		✓			✓
French grammar/writing	✓		✓			✓
French literature /spelling	✓			✓	✓	
Theology / catechism	✓		✓			✓
Physical education	✓		✓			✓
Social studies (geography/ history)	✓			✓	✓	
Sciences	✓			✓	✓	
Arts (Visual/Drama/ Music/Dance)	✓			✓	✓	
Everyday stewardship	✓	✓	✓	✓	✓	✓





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The ASM Junior High Program: Igniting Minds and the Path to Independent Thinking

The Junior High Program for Grades 6-8 is designed to cultivate independence, critical thinking, and community engagement among students. Through this program, students begin to explore independent studies, which allows them to develop self-directed learning skills. At the core of this program is the belief that students should be active participants in their learning journey. Socratic discussions are a teaching component, encouraging students to engage in thoughtful dialogue, ask probing questions, and develop deeper understanding through collaborative work with other students. Math is studied as a guided independent program, enabling students to work at their own pace with support from the teacher. Additionally, the science program, provides a solid foundation for future sciences in high school. Teachers set expectations for students to complete homework, which reinforces and extends the learning done in the classroom.

The program also emphasizes community involvement, encouraging students to participate in school initiatives, volunteer activities, and service projects. This approach fosters an educational experience, preparing students for the ASM high school program.



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How can I help my junior high child?

Navigating the middle school can be an adventure! Here are some tips to help you guide your child through this exciting time:

- 1. Foster Critical Thinking:** Instead of giving them the answers, ask your child thought-provoking questions when they're stuck or seeking clarity. Encourage them to think deeply and arrive at solutions on their own.
- 2. Organizational Superheroes:** Suggest various organizational strategies to help them manage their time and tasks effectively. From color-coded calendars to to-do lists, find what works best for your child.
- 3. Set Boundaries for Success:** Help your child set clear boundaries for homework. A structured environment can make a world of difference in their productivity and well-being.
- 4. Encourage Excellence:** Always cheer them on to do their best! Celebrate their achievements and support them through challenges.
- 5. Daily Knowledge Exchange:** Ask your child to describe and explain what they learned in school each day. The more detailed they can be, the better they've grasped the material. If they can teach it, they've truly learned it!
- 6. Collaborate with Teachers:** Work closely with your child's teachers to develop a home-school plan that best supports your child's learning journey. Teamwork makes the dream work!
- 7. Seek Guidance When Needed:** Encourage your child to ask their teachers questions whenever they're in doubt or need help. It's important for them to know that seeking help is a strength, not a weakness.



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Building Lifelong Skills: From Junior High to High School Success!

Our programs don't just teach academics but help students build essential organizational skills they'll rely on throughout their lives. Imagine it as a toolkit—students learn how to manage their time, prioritize tasks, set goals, and juggle multiple responsibilities. These skills are crucial not only for their success in post-secondary education but also for navigating the complexities of adulthood.

From note-taking techniques to project management, the junior high program aims to instill good habits early on. So, when students face the demands of college, university, or their future careers, they're not just trying to survive—they're thriving!

In junior high (Grades 6-8), students are introduced to essential organizational skills. They start learning how to manage their time effectively, prioritize tasks, and set achievable goals. These foundational skills are honed and practiced through various assignments, projects, and activities.

As students progress through high school (Grades 9-12), they continue to develop and master these skills. With increasing academic demands and commitments, students learn to refine their techniques, becoming more adept at balancing multiple responsibilities. By the time they graduate, they possess a well-developed organizational toolkit that prepares them for the challenges of post-secondary education and life beyond school.



The ASM Graduate: Planning your education

Academia Stella Maris is registered as an independent school with the Ontario Ministry of Education (BSID 884149). ASM offers a unique educational experience for students K-12 with the option of an Ontario Ministry of Education inspected program for one's G12 year (OSSD). As you approach high school, it is important to plan ahead for your graduation goals. The chart below provides a general four-year picture of the courses offered at the high school level. The first four courses 1-4 (English, Math, Science and French) are offered according to the academic grade level of the student. The second four courses 5-8 (Art, PE, Geography, History, etc.) are offered on a four-year rolling schedule for all the high school students and catered to each individual's learning experience through assessments, expectations, homework and projects. Because ASM is a small school, our coursework is limited, but there is some variety allowed through TVO ilc. You can use this chart to plan your studies to ensure you will take the courses you need for your future study and working goals.

Credit	Yr 1	Yr 2	Yr 3	Yr 4
1	Eng 9-12	Eng 9-12	Eng 9-12	Eng 9-12
2	Math 9-12	Math 9-12	Math 9-12	Math 9-12
3	French 9-12	French 9-12	French 9-12	French 9-12
4	Science (Bio/Chem)	Science (Bio/Chem)	Science (Bio/Chem)	Science (Bio/Chem)
5	Religion	Religion	Religion	Religion
6	Can Geography	PE	Art	Tech course
7	Business course	Civics/careers	Can History	Coding
8	ISU/Leadership Development	ISU/Leadership Development	ISU/Leadership Development	ISU/Leadership Development
9	World history (CHY4U)	Philosophy (HZT4U)	Studies in Lit- Catholic (EST4U)	Business Leadership (BOH4M)



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The ASM Graduate: Road Map to Success!

Grade 9 – Getting Started

- Transitioning to high school
- Exploring interests
- Taking foundational courses

- Career exploration begins
- Taking foundational courses
- Writing the literacy test

Grade 10 – Planning for the Future

- Taking foundational courses
- Course selection impacts post-secondary options

Grade 11 – Making Key Choices

Grade 12 – Graduation Prep

- Taking foundational courses
- Meeting graduation requirements
- College & university applications
- Completing all 40 community hours

Beyond – Pathways to Success

- Apprenticeships
- College
- University
- Workplace

Call to Action: "Stay informed and support your teen's journey! Connect with us for guidance."



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The ASM Graduate: Called to Greatness

At ASM, we believe every student has the potential to grow into a person of virtue, wisdom, and compassion. While these qualities are not automatic, they are cultivated through choices, perseverance, and a desire to live with purpose.

- ◆ *Virtuous & Guided by Holy Desires* – Rooted in faith, our students have the opportunity to seek lives of moral excellence, choosing to pursue what is good, true, and beautiful. They are encouraged to serve others and glorify God through their actions, but ultimately, this path is theirs to embrace.
- ◆ *Critical Thinker & Truth Seeker* – Equipped with the ability to think deeply and analyze the world around them, ASM students can choose to approach challenges with curiosity and discernment. They are invited to seek truth courageously, engage in thoughtful dialogue, and make informed decisions grounded in faith and reason.
- ◆ *Compassionate & Service-Oriented* – Every student has the capacity to develop empathy and extend kindness to those in need. They are called to lead with a servant’s heart, recognizing the dignity of every person and working toward the common good—but it is their choice to live in this way.
- ◆ *Independent & Self-Motivated* – With the right mindset and effort, ASM students can become self-driven learners, taking responsibility for their education and future. They are encouraged to develop strong work ethics and take initiative, preparing themselves to excel in higher education, careers, and their greater calling in life.

At ASM, we provide the foundation, support, and inspiration—yet each student has the freedom to choose their path and rise to the call of greatness.

Sail Against the Wind.
Come in For A Coffee.



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